

4-H FAMILY & CONSUMER SCIENCES

4-H STILL EXHIBITS AREA (EXHIBITION HALL A)
Superintendent Coordinator
Oscar Carlson 360-721-7365

Each 4-H member showing in this department is responsible for reading and complying with the **General Rules** for the Clark County Fair, the 4-H rules and regulations (the Clark County Fair General Rules and the 4-H General Rules documents are available on the Clark County Fair's website www.clarkcofair.com), and the special rules and regulations of this department.

GENERAL INFORMATION:

1. Items entered on display must stay in the 4-H designated area the entire time of the Clark County Fair. Members may pick up their exhibits after 10 pm on the last day of the Fair or the Monday following Fair from 9 am to Noon. If you are unable to be there at that time, please make arrangements to have your exhibits picked up. Some 4-H exhibits will be taken back to the 4-H Office-check first 564-397-5730.
2. **Entries will be accepted in the 4-H Still Exhibit Area in Exhibition Hall A on Tuesday July 30th, from 10 am to 8 pm.** Interview judging will be available to 4-H members at the time exhibits are entered if a judge is present in that department. Interview judging is a learning opportunity for 4-H members through feedback on his/her exhibit. Members may select one item per department for interview judging. For further information, (i.e. times and dates), about interview judging in various departments, contact the superintendent listed in the Exhibitor Guide.
3. **4-H members may only exhibit items in projects in which they are enrolled. Superintendents will consult with the 4-H Office in the case that 4-H projects and 4-H online project categories are not clearly connected.**
4. Pre-registration forms for 4-H County Fair Activities will be available at the WSU/Clark County Extension 4-H Program office or online <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> and due at the same location by the last business day of June. Members will participate in activities at assigned times, bringing all materials and supplies needed. Participants must arrive at the activity and be prepared to participate at the assigned time. Failure to start at the assigned time may result in forfeiture of time slot, being moved to another time allocation, and/or having the final ribbon lowered at least one placing. Judges will evaluate member at the time of the activity. Judges' decision is final.
5. Prior to Clark County Fair, 4-H participants will be emailed date and time of chosen activity and directed to the site for 4-H worksheets (<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>) required by some 4-H Activities, once pre-registration is completed. These worksheets must be completed and handed to the superintendent before the start of the activity. **They are to be completed in members' handwriting, or typed by youth.** Incomplete or missing worksheets may result in the lowering of ribbon color at least one placing for the activity. Any photos required for the activity will be attached to the worksheet when it is turned in.
6. **Building Security - Any parent and/or leader, whose child is enrolled in projects displayed or activities in the 4-H Building MUST sign up for a security shift. Sign up**

Tuesday, July 30th (Entry Day) from 10 am- 8 pm in the 4-H Still Exhibit Area Exhibit Hall A in the Event Center on the Clark County Fair Grounds.

7. 4-H State Fair (September 1st - 24, 2024)

4-H Still Exhibits/4-H Activities are required to fill out and return all paperwork to Nancy Peck (Clark County 4-H Still Exhibits Superintendent for 4-H State Fair) no later than Monday, August 12 by noon. Nancy will be present from 9 am - Noon on Monday.

4-H State Fair paperwork may also be picked up, filled out, and return during fair once judging is complete and exhibit qualifies. Nancy is located in the 4-H Kitchen area in Exhibit Hall A, Clark County Event Center on the Clark County Fairgrounds during Fair.

Deadline for 4-H Still Exhibit entries exhibiting at 4-H State Fair: Monday, August 12 by Noon! Entries are received in the Clark County Event Center, Exhibit Hall A, 4-H Kitchen Supt.– Nancy Peck.

No entries will be accepted after Noon.

Check the 4-H State Fair website for the Exhibitor Handbook for Class and Lot numbers to complete paperwork.

<http://4h.wsu.edu/statefair/>

DIVISION 625: ADVENTURES IN FAMILY LIVING

Superintendent:

Kristi DuBay
360-607-1461

Assistant Superintendent:

Taylor Lehner
360-768-7914

Exhibit Entry Date: Tuesday, July 30th from 10 am to 8 pm – at the Clark County Fair Grounds, in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Open to any 4-H Member enrolled in the Adventures in Family Living project or the Self-Determined Family Living Project.

Member may exhibit in any five (5) class numbers, one item per class.

- Entry must be dated with month and year.
- All fabric items must have a permanently attached care label or a 3"x5" card with care instructions.
- Exhibits must also have a 3"x5" card attached to the item stating the exhibitor's age, purpose for item, and techniques and materials used in construction.

CLASS:

| | Blue | Red | White |
|---|------|-----|-------|
| 1. Room accessory | 8 | 6 | 4 |
| 2. Bulletin board | 10 | 8 | 6 |
| 3. Color scheme mounted on poster board for a specific room (22"x28") | 10 | 8 | 6 |
| 4. Original idea | 10 | 8 | 6 |
| 5. Scrapbook showing improvement of one particular room (Maximum of four (4) pictures - suitable samples may be included.) | 12 | 10 | 8 |
| 6. Refinish or remade furniture | 14 | 12 | 10 |
| 7. Refinished or homemade furniture, for use in a specific room. Describe type of use in a specific room. Describe type of room for which it will be used. Photos encouraged. | 16 | 14 | 12 |
| 8. Any other exhibit related to project work showing initiative, originality, and accomplishment. | 8 | 6 | 4 |

4-H Adventures in Family Living curriculum can be located at:

<https://pubs.wsu.edu/ListItems.aspx?Keyword=adventures%20in%20family%20living>

DIVISION 630: THE SITTER PROJECT

Superintendent:

Kara Klaus
360-608-5135

Assistant Superintendent:

Exhibit Entry Date: Tuesday, July 30, from 10 am to 8 pm – at the Clark County Fair Grounds, in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Open to members enrolled in the Kids on the Grow or Adventures in Family Living projects. A 3"x 5" card must be attached to the item stating the exhibitor's age, list of items in childcare kit exhibit (#3) if one has been entered, techniques and materials used in construction. Member may enter in any 10 lot numbers, one item per lot.

(Please note: Class 3 childcare kit, is judged as one unit and no part can be entered as another class.)

CLASS:

| | Blue | Red | White |
|---|------|-----|-------|
| 1. Scrapbook with picture and articles of child | 8 | 6 | 4 |
| 2. Homemade, safe, washable stuffed animal toy | 8 | 6 | 4 |
| 3. Kit of play materials such as bib and play apron (At least six (6) items. Three (3) of which are homemade.) | 8 | 6 | 4 |
| 4. Homemade child's garment or two garment protectors | 8 | 6 | 4 |
| 5. Homemade toy | 8 | 6 | 4 |
| 6. Child's room accessory | 8 | 6 | 4 |
| 7. Doll (child's toy) | 8 | 6 | 4 |
| 8. Homemade Doll clothes (Three (3) items) | 10 | 8 | 6 |
| 9. Homemade game | 10 | 8 | 6 |
| 10. Child's educational device | 10 | 8 | 6 |
| 11. Storage box for toys, hinged and finished | 14 | 12 | 10 |
| 12. Any other project or exhibit related to project work showing initiative, originality, and accomplishment. | 8 | 6 | 4 |

4-H Kids On The Grow (formerly Sitter project) curriculum can be located at:
<http://www.4-h.org/search/?q=Kidsonthegrow>

4-H CLOTHING

DIVISION 635: CLOTHING ACTIVITY

Superintendent:

Dewena Carlson
360-334-2160

Assistant Superintendent:

Ashley Graham
360-747-2760

Monday, August 5 - 10 am

4-H Stage - 4-H Area (Exhibition Hall A)

Open to 4-H members: Junior, Intermediates, and Seniors

Participant should arrive 10 minutes early for check-in and setup.

Points: Blue 30, Red 25, White 18

Sign Up on the 4-H Pre-registration Activity Form available at the WSU/Clark County Extension office the first of May or <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> .

Deadline – pre-sign up form must be in the WSU/Clark County Extension Office is by the last business day of June.

Must use your own machine, they will not be provided. Any garment related to clothing construction, may be sewn. There will be a three (3) hour time limit to complete the garment. Participants may be asked to give a verbal explanation for information to the public. Garment will be modeled before the judge when completed.

The verbal explanation should include information concerning what is being made, various time saving techniques, why fabric was selected or advantages of the particular fiber content. A worksheet will be sent to the exhibitor after pre-registering for this activity. The worksheet must be given to the judge at the beginning of the activity. Call the superintendent for further help and information about the activity.

4-H Clothing Project curriculum can be located at:

<http://extension.wsu.edu/4h/publications/family/Pages/project.aspx?PID=CB>

DIVISION 640: CONSUMER PROJECT - CLOTHING SELECTION

Superintendent:

Kara Klaus
(360) 608-5135

Assistant Superintendent:

Stacey Robinson
360-953-1341

- Judging will be on **Tuesday, July 30 (Entry Day) Exhibit Hall A in the Event Center on the Clark County Fairgrounds.** No scheduled times needed – Come between the hours of **10 am to 3 pm** to the Clark County Fairgrounds.
- **Check in with the Superintendent in the 4-H Still Exhibit Area.**
4-H member must be pre-registered by completing the Pre-Fair 4-H Activity form found at <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> or pick up from the WSU Clark County Extension 4-H Program office. Return in by the last business day of June to the WSU Clark Co Extension – 4-H office.
- Style Show with Fashion Revue - Friday, August 2, at 6:15 p.m., Clark County Fair – Kids Park Stage.

Open to Primaries, Juniors, Intermediates, & Seniors

Points:

| | | | |
|----------------|-----------------------|--------|----------|
| Seniors: | Blue-30 | Red-25 | White-20 |
| Intermediates: | Blue-20 | Red-15 | White-10 |
| Juniors: | Blue-12 | Red-10 | White- 8 |
| Cloverbuds: | Participation ribbons | | |

- **All participants in the Consumer Project and all Fashion Revue participants must take part in a Style Show in order to obtain their premiums. The Style Show is scheduled for Friday, August 2, at 6:15 pm, Clark County Fair – Kids Park Stage. Participants should meet at 5:45 pm in the 4-H area in Exhibition Hall A at the Clark County Event Center at the Fairgrounds.**

1. All 4-H members enrolled in the current 4-H year may take part in this project. Member does not need to be enrolled in a clothing project.
2. The purpose of this project is to help the individual coordinate an attractive outfit for the best buy and/or justify the reasons for selecting outfit entered.
3. A participant is to model a garment he or she has selected and purchased. Clothing may be purchased new or used. Gifts of clothing, either new or used, may be used for only a portion of the major clothing items of the outfit. Items may be used only one year. Accessories i.e., purses, scarves, jewelry, footwear may be sewn by the participant. One garment may be sewn on the Senior Level **if** it fits with the other three pieces.
4. Evaluation will be on: the individual, the outfit on the individual, the outfit for the intended purpose, and the justification of money spent.
5. A member can participate in both the Clothing Selection event and Fashion Revue.

6. A worksheet showing the cost of the outfit has to be prepared. This worksheet will be sent to the participant when he or she pre-registers for this activity. A photograph of participant wearing the outfit and carrying extras must accompany the completed worksheet that is presented to the judge. Participant must complete the worksheet before arriving for the activity.
7. Cloverbuds may participate in Consumer Selection and Fashion Revue. They will fill out no paperwork and will not be judged during their participation on Tuesday, July 30th. Cloverbuds members will receive help on Tuesday, July 30th, writing their short Style Revue commentary and help modeling their outfits. They should bring a photo of themselves wearing their outfit for display at the Clark County Fair. All primaries will receive participation ribbons.
8. Exhibit must remain in the 4-H Area for display during the Clark County Fair to receive premium points.
9. Seniors may select as many as four pieces (no more) - or a three-way outfit for wardrobe concept. Seniors should be prepared to model all garments for the judges.
10. **Consumer garments will be taken with participants after judging.** Return garments to the 4-H Area when you take part in Style Show and plan to leave them for the duration of the Clark County Fair. Clothing Projects can be picked up from 10 -11 pm on August 11 or Monday, August 12 from 9 am to Noon.

SENIOR

CLASS: (choose one)

- A. Purchase an outfit that would be suitable for a job interview as well as fit into your wardrobe plan.
- B. Begin with one item in your present wardrobe that still has wear and build your four-piece outfit with at least two new pieces.
- C. Situation: You will be traveling and need an outfit that will be very versatile. You may purchase only four garments that will mix and match in such a way as to create three different looks.

Accessories may be changed. All pieces will be modeled to show fit and versatility.

INTERMEDIATE

CLASS: (choose one)

- A. Sports
- B. Everyday Outfit
- C. Dressing up

JUNIORS

CLASS: (Choose one)

- A. Sports
- B. Everyday outfit

CLOVERBUDS

CLASS:

- A. Everyday outfit

DIVISION 642: FASHION REVUE

Superintendent:

Stacy Robinson
(360) 953-1341

Assistant Superintendent

- Judging will be on **Tuesday, July 30th (entry day) Exhibit Hall A in the Event Center on the Clark County Fair Grounds.** Prior to the Fair beginning the Superintendent will schedule your time. Please arrive 15 minutes prior to your scheduled judging interview time.
- **Check in with 4-H Superintendent in the General 4-H Exhibit area.**
- Style Show: Friday, August 2, at 6:15 p.m. Clark County Fair – Kids Park Stage. The participants should meet at 5:45 p.m. in the designated 4-H area at the Clark County Fair.

Open to 4-H Cloverbuds, Juniors, Intermediates, & Seniors

RULES & REGULATIONS:

1. 4-H member must be pre-registered by completing the Pre-Fair 4-H Activity form found at <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> or pick up from the WSU Clark County Extension 4-H Program office. Return in by the last business day of June to the WSU Clark Co Extension – 4-H office.
2. Participants must fill out form **EMO682E - Personal Data Sheet-State Fashion Revue Information (7/01)** and bring the completed form to the activity. Forms can be picked up at the WSU/Clark County Extension Office or on line at <https://pubs.wsu.edu/ListCategories.aspx?TopicID=7>
3. Participants must fill out the form Fashion Revue Commentary and bring the completed form to the activity. Forms can be downloaded online at <https://pubs.wsu.edu/ListItems.aspx?Keyword=Fashion%20Revue%20Commentary>
The worksheets must be completed by the 4-Her.
4. All garments must have care labels. In addition, each participant should bring to judging a 3x5 card with the care instructions written on them for each garment being entered.
5. A photograph of the garment on the contestant (in addition to the photograph attached to the personal data sheet) must be presented with contestant's entry forms for Fashion Revue, prior to judging. This photograph is used for display with garment.
6. Judging for Construction will take place on Tuesday, July 30th following the completion of Fashion Revue judging at 3 pm. Plan to leave your garments at the fairgrounds after Fashion Revue judging. Garments must remain in the 4-H Area for display during the Clark County Fair and cannot be used in other contests during the Clark County Fair.

7. **Cloverbud member participants:** Cloverbud members may participate in Fashion Revue. They will fill out no paperwork and will not be judged during their participation on Tuesday, July 30th. Cloverbuds will receive help writing their short style revue commentary and modeling their outfits. They should bring a photo of themselves wearing their outfit for display at the Clark County Fair. The Cloverbud participants will take part in the Style Show for Fashion Revue on Friday, August 2 and will receive participation ribbons.

8. A contestant must be enrolled in a corresponding Clothing & Textiles, Knitting, or Crochet projects that fits the garment. (Superintendent will consult with the 4-H Office in the case that the 4-H projects and 4H online project categories are not clearly connected.) The garment modeled may be knitted or crocheted by contestant. Entry to be judged must be garment, not accessory.

9. A member can enter only one division of the Fashion Revue contest. Garments made by 4-H members for young children may be modeled by those children, with 4-H member guiding them through the modeling. **Garments made for young children will not qualify to go to State Fair.**

10. Accessories may be made by contestant or purchased. These could include hats, belts, purses, scarves, and embellishments. Accessories are not judged for construction as part of the garment, only as they add to the overall look and appropriateness to the outfit. Contestant should NOT take these into consideration when selecting category or number of details in outfit.

11. Items can only be entered once and must have been completed since the previous year's fair. Worn or used items will be disqualified.

12. All contestants must:
- A. Model their garments at the Style Show.
 - B. Exhibit their garments at the Clark County Fair.

13. The Fashion Revue Contest will be judged on the basis of:
- A. General appearance (40%)
 - B. Construction as it affects appearance (40%)
 - C. Knowledge of subject matter (20%)

Division 642: Fashion Revue

Classes:

| | Points | | |
|---|--------|-----|-------|
| | Blue | Red | White |
| 1. One garment, simple | 15 | 10 | 5 |
| 2. One garment, 2 details* | 17 | 12 | 7 |
| 3. One garment, 3 details * | 19 | 14 | 9 |
| 4. One garment, 4 or more details* | 22 | 17 | 12 |
| 5. Two garment outfit, simple elastic waistband, cut-on sleeves, etc. | 24 | 19 | 14 |
| 6. Two garment outfit, 2 details | 26 | 21 | 16 |
| 7 Two garment outfit, 3 details | 28 | 23 | 18 |
| 8. Two garment outfit, 4 or more details* | 30 | 25 | 20 |
| 9. Three garment outfit, 2 details* | 30 | 25 | 20 |
| 10. Three garment outfit, 3 details* | 35 | 30 | 25 |
| 11. Three garment outfit, 4 or more details* | 38 | 33 | 28 |
| 12. Tailored garment (men's slacks; blazer) | 40 | 35 | 30 |
| 13. Formal or garment using specialty fabrics (Velvets, silks) | 45 | 40 | 35 |

| | | | |
|---|----|----|----|
| 14. Tailored outfit or coat (lined, tailoring techniques) | 45 | 40 | 35 |
| 15. Other | 15 | 10 | 5 |

*Details include: yokes, cuffs, buttonholes/buttons, set-in sleeves, decorative topstitching, covered buttons, waistband, placket, zipper, specialty seams (French, flat-felled), advanced techniques (tailoring).

Cloverbuds: Division 1012 (participation ribbon only)
Class E: any simple garment or outfit

DIVISION 645: SEWING JUDGING ACTIVITY

Superintendent:

Dewena Carlson
360-334-2160

Assistant Superintendent

Danielle Carlson

Tuesday July 30, 10 am – 8 pm
(No sign up necessary.)

4-H Sewing Dept, 4-H Area in Exhibition Hall A, Clark County Event Center at the Fairgrounds.
Open to all 4-H Juniors, Intermediates, and Seniors enrolled in a clothing project.

Seniors, Intermediates and Juniors will be asked to give oral reasons in one class. "Best Oral Reasons" rosettes will be awarded at the Junior, Senior and Intermediate levels. Please allow yourself thirty minutes or so for this contest.

Points: Blue 20, Red 15, White 10.

CLASS:

- A. Juniors: 8-10 years of age as of Oct. 1 of current 4-H year
- B. Intermediates: 11-13 years of age as of Oct. 1 of current 4-H year
- C. Seniors: 14 -18 years of age as of Oct. 1 of current 4-H year

Seniors and Intermediates receiving a blue ribbon are eligible to advance to the state activity. Senior and Intermediates may not be mixed as a team. If the county cannot provide enough qualified participants for a state team on each level, 4-H members can participate as individuals.

To go to 4-H State Fair in this activity members must sign up with our county's State Fair Coordinator Nancy Peck once judging is complete. Sign up during Clark County Fair with Nancy Peck (4-H Kitchen area) or Sunday, August 11 (10 – 11 pm) or Monday, August 12 (9 am - Noon) in the 4-H Sewing area. Participating as a member of an ineligible team may result in disqualification of all members.

DIVISION 655: TALK AND/OR SKILL DEMONSTRATION

Superintendent:

Dewena Carlson **360-334-2160**

Assistant Superintendent

Vacant

Monday, August 5, 10 am
Open to 4-H Juniors, Intermediates & Seniors

Points: Blue 12, Red 10, White 8.

Sign up on the 4-H Pre-registration Activity Form (<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>) for this activity. Forms will also be available at the WSU/Clark County Extension Office the first business day of May. Sign Ups are due to the WSU/Clark County Extension Office by the last business day of June. All Juniors, Intermediates and Seniors enrolled in a Clothing Project may take part.

Must bring own sewing equipment.

A 20 - 30 minute public presentation related to the Clothing Projects. Must include speaking and doing. Examples might include: pressing techniques for specific fabrics; wardrobe selection for your figure type; seam finishes; fabric weaves; equipment demonstration; information of purchased garments; a specific construction detail; etc. No worksheet is needed for this activity.

DIVISION 658: SEWING EXHIBIT

Superintendent:

Dewena Carlson
Ph. 360-334-2160

Assistant Superintendent:

Danielle Carlson

Exhibit Entry Date: Tuesday, July 30 from 10 am to 8 pm – at the Clark County Fair Grounds, in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Open to members: Primaries, Junior, Intermediates, and Seniors enrolled in a 4-H Clothing Project:

Clothing and Textiles

(<https://pubs.wsu.edu/ListItems.aspx?Keyword=Clothing%20&%20Textiles>) & Adventures in Family Living

(<https://pubs.wsu.edu/ListItems.aspx?Keyword=Adventures%20in%20family%20living>).

- **ALL ENTRIES MUST HAVE CARE LABELS ATTACHED** or “3 x 5” card with care information attached.
- Items must be clean with no stains, frays, rips, and be completed.
- They must be new or only gently worn, fresh, pressed, free of animal hair and foreign objects, and free of odors.
- An exhibit may be disqualified if it does not meet the guidelines in PNW0197 “Measuring Up: Quality Standards in Sewn Items” (<https://pubs.wsu.edu/ListItems.aspx?Keyword=Measuring%20up> (8/1988), or at the discretion of the superintendent if the item does not meet 4-H Fair standards.
- Interview judging will be held from 12 - 8 pm on day of exhibit entry.
- Exhibitors may enter 10 class numbers, possibly more with permission of superintendent.
- More than one entry per Class is acceptable, but each must be different.
- If an entry has more than one article, each article should be listed on entry form and have an attached card.
- Each entry must have sewing as the primary construction, unless otherwise noted in the book.
- All children’s sleepwear, infant through size 12 must be made of flame-retardant fabric.

INCLUDE A 3”X 5” CARD FOR EACH ENTRY IN THIS DIVISION, GIVING:

A. Exhibitor Age

B. Number of Years In Project

C. Care Instructions (If a separate care Label is not permanently attached a Care Label to the Exhibit).

IF EXHIBIT IS A QUILT, ALSO INCLUDE FOLLOWING INFORMATION ON THE 3”X 5” CARD:

D. Type of Machine used for Quilting.

E. Intended use of Quilt.

Each Quilt entered must include a completed form C1065E- “4-H Quilt Entrant Questionnaire in addition to 3x5 card information.

- The exhibit may be dropped one ribbon placing for a missing or incomplete card.
- Primary entries will receive participation ribbons and encouraging comments.

- Garments must remain in the 4-H Sewing Exhibit area during the entire Clark County Fair. Garments cannot be removed for use in other areas/contests during the course of Clark County Fair. Accessories may be used in the Fashion Revue Style Show.

| | Blue | Red | White |
|--|------|-----|-------|
| CLASS 1 | | | |
| Clothing/personal accessories (Non-clothing items-kites, misc.) | | | |
| A. Simple | 8 | 6 | 4 |
| B. Complicated | 12 | 10 | 8 |
| CLASS 2 | | | |
| Household & Home or Room Décor (sewn, except sewing box) | | | |
| A. Simple | 8 | 6 | 4 |
| B. Complicated | 12 | 10 | 8 |
| CLASS 3 | | | |
| Non-sewn Article—garments embellished by sewing and other embellishment techniques | 8 | 6 | 4 |
| CLASS 4 | | | |
| Make-Over-Remodel of Commercial/Home sewn Garment or item Include before and after photos, with explanation of alterations completed. | 8 | 6 | 4 |
| CLASS 5 | | | |
| Separates | | | |
| A. Single separate (skirt, shorts, slacks, blouse, shirts, jumper, simple jackets, etc.) | 14 | 12 | 10 |
| B. Coordinated separates (two or more garments such as skirt and blouse, pants, vest, and shirt; jumper and blouse) | 26 | 23 | 20 |
| CLASS 6 | | | |
| Nightwear | 14 | 12 | 10 |
| CLASS 7 | | | |
| Daytime Dresses | 16 | 14 | 12 |
| CLASS 8 | | | |
| Evening Wear (Clothing for formal or semi-formal occasion) | 20 | 15 | 11 |
| CLASS 9 | | | |
| Coat or suit | 30 | 23 | 17 |
| CLASS 10 | | | |
| Miscellaneous (Costumes, any item that does not fit into other classes in this section) | | | |
| A. Simple | 8 | 6 | 4 |
| B. Complicated | 15 | 11 | 8 |

QUILT SIZES: For CLASS 11 through CLASS 15

Small exhibits will be less than 2,500 square inches in size.
 Large exhibits will be more than 2,500 square inches in size.

CLASS 11

Whole Cloth Quilt: tied

| | | | |
|----------|----|----|---|
| A. Small | 10 | 8 | 6 |
| B. Large | 12 | 10 | 8 |

CLASS 12

Hand or Machine-pieced Quilt: tied

| | | | |
|----------|----|----|----|
| A. Small | 12 | 10 | 8 |
| B. Large | 14 | 12 | 10 |

CLASS 13

Whole Cloth Quilt: machine or hand quilted

| | | | |
|----------|----|----|----|
| A. Small | 14 | 12 | 10 |
| B. Large | 16 | 14 | 12 |

CLASS 14

Machine or Hand-pieced Quilt: machine quilted

| | | | |
|----------|----|----|----|
| A. Small | 16 | 14 | 12 |
| B. Large | 20 | 17 | 14 |

CLASS 15

Machine or Hand-pieced Quilt: hand quilted

| | | | |
|----------|----|----|----|
| A. Small | 20 | 17 | 14 |
| B. Large | 26 | 22 | 18 |

CLASS 16

Quilt made or pieced by member, quilted - tied, hand or machine quilted by another person.
 Construction will be judged in appropriate lot number, but quilting will not be judged.

4-H NEEDLE ARTS

Superintendent:

Assistant Superintendent:

Kristi Dubay
 360-607-1461

CLASS 660: KNITTING

Exhibits are entered on Tuesday, July 30, from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Open to 4-H members enrolled in the Knitting project. WSU 4-H project information can be view or downloaded at <https://pubs.wsu.edu/ListItems.aspx?Keyword=KNITTING> .

Items should be clean. Exhibitors may enter 10 class numbers. One item per class number.

Each exhibit must have a 3" x 5" card attached to the item stating:

1. Exhibitor name and age
2. Title of project and number of years involved
3. Fiber content of thread or yarn
4. Hand or machine knit
5. Care label

First-year knitters: a practice square must be exhibited with any or all of the following:

| CLASS: | Blue | Red | White |
|--|-------------|------------|--------------|
| 1. Knitting box (made by member) and tools | 8 | 6 | 4 |
| 2. Item of your choice | 8 | 6 | 4 |
| 3. TV slippers or bed sox | 8 | 6 | 4 |

All items must have one or more of the following:
 increases and decreases, ribbon and stockinette stitch.

| | | | |
|--|----|----|----|
| 4. Cap or hat | 10 | 8 | 6 |
| 5. Sweater for a baby | 12 | 10 | 8 |
| 6. Large sweater | 14 | 12 | 10 |
| 7. Cardigan sweater with buttonholes | 16 | 14 | 12 |
| 8. Large difficult item | 12 | 10 | 8 |
| 9. Items showing grafted seam | 8 | 6 | 4 |
| 10. Item showing crocheted finish | 10 | 8 | 6 |
| 11. Selection of 5 yarn buttons on a card | 10 | 8 | 6 |
| 12. Mittens | 14 | 12 | 10 |
| 13. Gloves | 14 | 12 | 10 |
| 14. Pair of socks or anklets | 14 | 12 | 10 |
| 15. Hat | 14 | 12 | 10 |
| 16. One small item | 10 | 8 | 6 |
| 17 Two small items | 12 | 10 | 8 |
| 18. One large item | 14 | 12 | 10 |
| 19. An original design | 14 | 12 | 10 |
| 20. Loom Knitting | 14 | 12 | 10 |
| 21. Any other exhibit related to project showing initiative, originality and accomplishment. | 8 | 6 | 4 |

DIVISION 665: 4-H CROCHETING

Exhibits are entered on Tuesday, July 30, from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Open to 4-H members enrolled in the Crocheting project. WSU 4-H project information can be view or downloaded at <https://pubs.wsu.edu/ListItems.aspx?Keyword=crochet> . Exhibitors may enter 10 class numbers, one item per class number.

Each exhibit must have a 3” x 5” card attached to the item stating:

1. Exhibitor name and age
2. Title of projects and number of years involved
3. Fiber content of thread or yarn
4. Care Label
 - Classes 1-5 are limited to members in 1st through 3rd year.
 - Classes 2, 3, 4 require a minimum of 20 stitches and 6 rows.

| CLASS: | Blue | Red | White |
|---|-------------|------------|--------------|
| 1. Crochet box (made by member and tools) | 6 | 4 | 2 |
| 2. Sample, single crochet* | 6 | 4 | 2 |
| 3. Sample, double crochet* | 6 | 4 | 2 |
| 4. Sample, triple crochet* | 6 | 4 | 2 |
| 5. Sample, granny square | 6 | 4 | 2 |
| 6. Crochet edging | 6 | 4 | 2 |
| 7. Decorative frame | 6 | 4 | 2 |
| 8. One small item | 6 | 4 | 2 |
| 9. Pen/pencil holder | 6 | 4 | 2 |
| 10. Crocheted Scarf | 6 | 4 | 2 |
| 11. Decorative stitch over Christmas bulb | 8 | 6 | 4 |
| 12. Decorative designs for special occasions (set of three) | 8 | 6 | 4 |
| 13. Irish crochet item, small | 8 | 6 | 4 |
| 14. Coasters (set of four) | 8 | 6 | 4 |
| 15. Hot dish mats (set of three) | 8 | 6 | 4 |
| 16. Slippers, cap, or gloves | 10 | 8 | 6 |
| 17. Belt | 10 | 8 | 6 |
| 18. Collar | 10 | 8 | 6 |
| 19. Doily | 10 | 8 | 6 |
| 20. Irish crochet item, large | 10 | 8 | 6 |
| 21. Afghan crochet item, small | 10 | 8 | 6 |
| 22. Baby crochet outfit | 10 | 8 | 6 |
| 23. Purse, small | 10 | 8 | 6 |
| 24. Small afghan (at least 36" x 48") | 12 | 10 | 8 |
| 25. Pillow (both sides crocheted) | 12 | 10 | 8 |
| 26. Purse, large | 12 | 10 | 8 |
| 27. Place mats (set of four) | 12 | 10 | 8 |
| 28. Tablecloth, small | 12 | 10 | 8 |
| 29. Sweater, vest, poncho | 12 | 10 | 8 |
| 30. Cardigan sweater with buttonholes | 16 | 14 | 12 |
| 31. Large afghan | 16 | 14 | 12 |
| 32. Wall hanging | 16 | 14 | 12 |

| | | | |
|--|----|----|----|
| 33. Tablecloth, large | 20 | 16 | 14 |
| 34. Crocheted doll | 10 | 8 | 6 |
| 35. Notebook samples | 8 | 6 | 4 |
| 36. Any exhibit related to project work showing initiative, originality, and accomplishment. | 8 | 6 | 4 |

DIVISION 670: 4-H NEEDLEWORK

Exhibits are entered on Tuesday, July 30th, from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

1. Must be enrolled in Creative Arts or Adventures in Family Living projects.
2. Exhibitors may enter more than one entry per class for a total of ten exhibits. Each must be different.
3. Must have been made since last year's fair.
4. Each entry must be accompanied by 3"x 5" card to explain:
 - a. What it is (include technique or type of needlework)
 - b. Type of threads or yarn w/fiber count
 - c. Where it is to be used
 - d. Why it was made

Points: Blue - 14, Red - 12, White - 10

CLASS:

1. Tatting
2. Hand Embroidery
3. Machine embroidery
4. Latch or rug hooking
5. Weaving
6. Bobbin lace
7. Other

Curriculum for this project can be located at:

<https://pubs.wsu.edu/ListItems.aspx?Keyword=needlework>

Additional Needle Arts Resources:

WA Knitting & Crochet Project Page: <http://4h.wsu.edu/projects/knitting.htm>

New Stitch A Day: <http://newstitchaday.com/>

Red Heart: www.redheart.com/learn

Lion Brand Learning Center: www.lionbrand.com

4-H FIBER ARTS

Superintendents:

Madelyn Hartrim-Lowe
505 - 239-6036

Assistant Superintendent:

Melissa Ingemanson
360 -901- 0694

Exhibits will be accepted on Tuesday, July 30th from 10 am - 6 pm in Exhibition Hall A. Exhibits will remain on display the entire Clark County Fair. Members can pick up their exhibit after 10 pm on the last day of Fair or the Monday following fair from 9am to Noon.

It is recommended that members entering in this Division enroll in Self-Determined Family Living, Self-Determined Expressive Arts and Creative Arts so that exhibits may be eligible to go on to State competitions.

Curriculum for 4-H Self Determined Projects can be located at:

<https://pubs.wsu.edu/ListItems.aspx?Keyword=self%20determine>

PROJECT INFORMATION:

Each entry needs to have a separate entry form. A 3x5 card must be attached to each entry containing the following information about the project:

- a. Exhibitors age
- b. How long you've been enrolled in the project
- c. Description of exhibit
- d. What techniques were used to prepare entry?
- e. Something you learned
- f. Additional information as required by class instructions

If the card is missing or incomplete, exhibit may be dropped one ribbon placing.

DIVISION 675: PREPARED FIBER

Must state content of fiber on 3x5 card and attach clean, uncarded fibers of the source fibers used to produce the exhibit. No more than 2 entries per lot.

Points: Blue 7, Red 5, White 3.

CLASS:

- A. Hand Carded Fiber Single Source (Woolen) – submit 3 rolags
- B. Combed Fiber Single Source (Worsted) – submit 3 rolags
- C. Drum Carded Fiber Single Source – submit 1 batt
- D. Hand Carded Blended Fibers – submit 3 rolags
- E. Drum Carded Blended Fibers – submit 1 batt
- F. Kool-Aid Dyed Fibers – submit 1 batt or 3 rolags
- G. Chemically Dyed Fibers – submit 1 batt or 3 rolags
- H. Naturally Dyed Fibers – submit 1 batt or 3 rolags

HAND-SPUN YARN

Divisions: 680 through 683 must provide the following additional information with each exhibit

1. Must provide clean fibers of the same fibers used to produce the exhibit.
Put the index card and fibers into a small zip lock bag and attach this to the exhibit.
2. Indicate the intended use of the yarn on the index card.

Each skein is to weigh one ounce to a class. Each division can enter Class A through J.

DIVISION 680: SINGLE YARN

Points: Blue 12, Red 10, White 8.

DIVISION 681: TWO-PLY YARN

Points: Blue 16, Red 14, White 12.

DIVISION 682: TRIPLE-PLY YARN

Points: Blue 18, Red 16, White 14

DIVISION 683: OTHER

Points: Blue 18, Red 16, White 14

CLASS:

- A. Hand spun yarn: sheep wool
- B. Hand spun sheep wool blended with other fibers
- C. Hand spun yarn from animal fibers
- D. Hand spun yarn from natural fibers
- E. Hand spun yarn from other fibers
- F. Hand spun sheep wool, novelty yarn
- G. Hand spun sheep wool blend, novelty yarn
- H. Hand spun animal fibers, novelty yarn
- I. Hand spun natural fiber, novelty yarn
- J. Hand spun other fibers, novelty yarn

DIVISION 684: HAND-SPUN FINISHED ARTICLES

Points: Blue 20, Red 18, White 16

CLASS:

- A. Knitted
- B. Crocheted
- C. Woven
- D. Other
 1. Sweater
 2. Hat
 3. Scarf
 4. Mittens
 5. Rug (small)
 6. Shawl
 7. Afghan
 8. Socks
 9. Other

DIVISION 685: FIBER CRAFTS

Exhibitors may enter two entries per class but no more than a total of 10 exhibits in this class. Each entry must be unique in its creation. Place all entries into a Ziploc bag along with 3X5 card.

Points: Blue 10, Red 8, White 6

CLASS:

- A. Needle Felted
- B. Wet Felting
- C. Fiber Jewelry
- D. Fiber Novelty
- E. Fiber Ornament

F. Other Fiber

DIVISION 686: SPINNING ACCESSORIES

Accessories are to be handmade by 4-H members.

Points: Blue 10, Red 8, White 6

CLASS:

- A. Drop Spindle
- B. Niddy Noddy
- C. Lazy Kate
- D. Other

DIVISION 687: SPINNING JUDGING ACTIVITY

Friday, August 2 – 6:30 pm until done in the Fiber Arts Dept. 4-H Area, Exhibit Hall A.

Sign up on Tuesday, July 30th with a Fiber Arts Superintendent. There will be a written test and oral reasons covering the spinning wheel, spinning accessories, and fibers.

Points: Blue 20, Red 15, White 10

CLASS:

- A. Juniors: 8-10 years of age as of Oct. 1 of current 4-H year
- B. Intermediates: 11-13 years of age as of Oct. 1 of current 4-H year
- C. Seniors: 14 -18 years of age as of Oct. 1 of current 4-H year

DIVISION 688: SPINNING SKILL ACTIVITY

Friday, August 2nd – 6:30 pm until done in the Fiber Arts Dept in the 4-H Exhibit Hall.

Sign up on Tuesday, July 30th, with a Fiber Arts Superintendent. Exhibitor is to bring one ounce of washed fiber and a pair of hand cards. Must provide own wheel. This division is to demonstrate to the judge your ability to produce yarn, and your knowledge in operating and caring for a spinning wheel.

Points: Blue 40, Red 30, White 15.

CLASS:

- A. Juniors: 8-10 years of age as of Oct. 1 of current 4-H year
- B. Intermediates: 11-13 years of age as of Oct. 1 of current 4-H year
- C. Seniors: 14 -18 years of age as of Oct. 1 of current 4-H year

4-H FLEECE CLASSES

Entries accepted Tuesday, July 30th 10:00 am to 8:00 pm in 4-H Exhibition Hall A.

Points: Blue 20, Red 15, White 10

Two fleeces per exhibitor may be entered. All entries must be from the 4-Her's own project animals, from the current year, and not represent more than one year's growth. Fleeces should be placed in a clear plastic bag for exhibit.

DIVISION 690: LLAMA FLEECE

Age Level on Date of Shearing. Fiber Divisions: Double coat (2 discernable fiber types and textures) Single coat (indiscernible fiber types and textures) Suri coat (no crimp, distinct locks, slick handle, high luster)

CLASS 1 – Double coat, 24 months and under

- CLASS 2 – Double coat, 25 months and over
- CLASS 3 – Single coat, 24 months and under
- CLASS 4 – Single coat, 25 months and over
- CLASS 5 – Suri coat, 24 months and under
- CLASS 6 – Suri coat, 25 months and over

DIVISION 692: ALPACA FLEECE

Age level on Date of Shearing

- CLASS 1 – Huacaya Alpaca, 24 months and under
- CLASS 2 – Huacaya Alpaca, 25 months and over
- CLASS 3 – Suri Alpaca, 24 months and under
- CLASS 4 – Suri Alpaca, 25 months and over

DIVISION 694: GOAT FIBER

- CLASS 1 – Mohair (Angora Goat)
- CLASS 2 – Cashmere
- CLASS 3 – Pygora

DIVISION 696: RABBIT FIBER (Minimum 1 oz)

4-H FOODS

DIVISION 705: FOOD AND NUTRITION JUDGING

Co-Superintendents:

Nancy Bisbee
(360) 687-5645

Cynthia Bean
(360) 887-3442

Exhibits are entered on Tuesday, July 30th, from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Points: Blue 20, Red 15, White 10.

1. This contest is open to Juniors, Intermediates, and Seniors enrolled in a 4-H Food or Garden project. The activity will be ongoing during the hours baked and preserved food items are entered (10 am - 8 pm). Please allow about thirty minutes to complete the contest. No pre-fair sign ups required.

2. Participants will apply what they've learned as they provide information about food/nutrition-related displays.

3. Intermediates and Seniors will be asked to give oral reasons in one class. A "Best Oral Reasons" Rosette ribbon will be awarded at both the Intermediate and Senior levels.

4. WSU 4-H Curriculum on Judging: Learning Through 4-H Judging (EM4647E)
<https://pubs.wsu.edu/ListItems.aspx?Keyword=learning%20through%204-H%20Judging> and
Judging Baked Products (EM4748)
<https://pubs.wsu.edu/ListItems.aspx?Keyword=Judging%20Bake%20product>

5. Seniors and Intermediates receiving a Blue ribbon are eligible to advance to the state activity, but may not be mixed as a team. If the county cannot provide enough qualified participants for a state team on each level, 4-H members can participate as individuals. You must sign up with Clark County's State Fair Coordinator (Nancy Peck 687-2312) in order to participate in judging activities at the state level. Sign up during Fair in the 4-H Kitchen area with Nancy Peck, Sunday, August 11 from 10-11 pm or Monday, August 12 from 9 am to Noon. Participating as a member of an ineligible team may result in disqualification of all members.

CLASS:

- A. Juniors: 8-10 years of age as of Oct. 1 of current 4-H year
- B. Intermediates: 11-13 years of age as of Oct. 1 of current 4-H year
- C. Seniors: 14 -18 years of age as of Oct. 1 of current 4-H year

DIVISION 710: BARBECUE ACTIVITY

Superintendent:

Casey Carlson
(360) 721-7365

Assistant Superintendent:

Tuesday, August 6, 10 am

Open to 4-H Juniors, Intermediates & Seniors

Located between the east and center wings of the E Barn.

Pre-registration is necessary.

Pre-Registration Forms for this activity will be available the first week of May at the WSU/Clark County Extension Office or on line at <http://clark.wsu.edu/youth/ClarkCountyFair.html> and is due at the same location by the last business day of June. **ALL 4-H members may participate in this activity.**

Points: Blue 20, Red 15, White 10

Come join the barbecue. Use your imagination.

Bring the following:

- Written nutritionally balanced day's menu
- Equipment
 1. Barbecue (can be propane or charcoal unit)
 2. fuel,
 3. lighter,
 4. matches,
 5. hot mitts,
 6. tools
 7. utensils.
- Food for one or two items to be prepared on a barbecue (in cooler if perishable)
- Provide recipes for items to be barbecued.
- Supplies
 - Additional food items
 - Seasonings
 - Table service/plates

We will barbecue outside in the picnic area. Individuals or teams of no more than three members may participate in this activity. Each member must barbecue one item.

All barbecued food to be cooked and served at the activity must be totally prepared at the site, with the exception of marinating meat. For example, it may not be pre-cut, formed, cleaned, or cooked if it is to be cooked and served as a requirement of the activity. Additional food to be served with the menu may be prepared at home. Be prepared to serve yourself, a judge, and a guest if desired.

Main emphases of activity are:

- food preparation
- cleanliness
- storage

- safety
- barbecuing safety
- presentation of food for the type of activity
- manners/serving skills as hostesses/organization
- knowledge of a nutritionally balanced day's menu

4-H Curriculum to help in this Division: Barbecue Food Activity

Dinner is Served (EM3443) <https://pubs.wsu.edu/ListItems.aspx?Keyword=EM3443>

Sanitizing Dishes (EM4808) <https://pubs.wsu.edu/ListItems.aspx?Keyword=EM4808>

Food Activity Guidelines (EM4733E)

<https://pubs.wsu.edu/ListItems.aspx?Keyword=EM4733E>

Pack a Safe Lunch (EB1490) <https://pubs.wsu.edu/ListItems.aspx?Keyword=EB1490>

Food & Nutrition series: www.4-h.org/resource-library/curriculum search under Food

4-H KITCHEN ACTIVITIES

Superintendent
Nancy Peck
(360) 687-2312

Assistant Superintendent
Allison Tucharadt
(360) 991-8830

Kitchen Activities will be located in the 4-H Kitchen in Exhibition Hall A of the Clark County Fair Event Center.

GENERAL RULES & REGULATIONS:

1. Pre-registration forms for 4-H Kitchen Activities are required. Pre-registration forms will be available the first business day of May and are due the last business day of June at the WSU/Clark County Extension Office in Vancouver, WA or can be located on line at <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> **Give complete information:**

- What product will you be making,
- How long will it take
- Provide your partner's name and phone number if you are entered as a Team in Foods For All Occasions, Food Preservation, or Quick To Fix Meals.
- Provide an alternate date, if possible, to increase your chances of getting the activity.
- Times, if requested, cannot be guaranteed, but we will try to meet your needs.

2. The 4-H Kitchens will be in operation from 12-8 pm each day of the Clark County Fair, beginning Friday, August 2, and continuing through Sunday, August 11. You may sign up for any food activity for which you are enrolled and eligible on any of these days.

If the kitchens fill for the posted times, we may choose to open them earlier on certain days to accommodate all 4-H members who wish to participate.

The following activities are available:

| | |
|--------------------------------|---|
| Beverages | Cloverbuds, Juniors, Intermediates |
| Bread Baking | Cloverbuds, Juniors, Intermediates, Seniors |
| Quick to Fix Meals | Juniors, Intermediates, Seniors |
| Lunch On the Go | Cloverbuds, Juniors, Intermediates, Seniors |
| Foods for All Occasions | Juniors, Intermediates, Seniors ONLY |
| Food Preservation | Juniors, Intermediates, Seniors |
| Foods of the Pacific Northwest | Juniors, Intermediates, Seniors |
| Salads | Cloverbuds, Juniors, Intermediates, Seniors |
| Pie Baking | Intermediates, Seniors ONLY |

3. Members will be **Emailed a schedule** with their day and time after pre-registration and scheduling has been completed (by July 18, 2024). Members taking part in these activities make sure a current email address is available at the 4-H program office and written at bottom of the 4-H Activity Entry form.

Food Activity materials – worksheets and other relevant information can be downloaded as follows: <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> scroll down to Kitchen activities. Completed Worksheets & My Plate Activity are required at the time of the activity.

1. Food Activity Guidelines
2. Food Activity worksheet (3 pages)

3. My Plate Activity Sheet (1 page)

4. Score sheet

Food Activity Worksheet 1099E, and My Plate Activity Sheet will be completed for **all** kitchen activities. The completed pages will be turned into the Judge at the start of each 4-H Kitchen Activity the member is exhibiting. Primaries receive a Participation Ribbon for their participation in any activity and no premiums. They fill out only that portion of any worksheet indicated for them on the forms. They will receive encouragement, training, and help from the judges. Check each project activity for more information on participation.

5. Show up for activity on time or a few minutes before scheduled. Worksheets should be completed before your arrival. **Include a day's menu if requested and bring an extra recipe in addition to the one attached to worksheet and your working recipe.**

6. Read all information in your food activity section, as each one may have different information. Befamiliar with specific rules for Foods Activities found in current project material. Also check EM4733E– 4-H Food Activity Guidelines (<https://pubs.wsu.edu/ListItems.aspx?Keyword=EM4733E>). Set the table for all kitchen activities except Lunch on the Go and Food Preservation Activity. Include tablecloth or place mats and appropriate settings. May also use a centerpiece.

7. You may not pre-prepare or pre-measure **any** ingredients to be used in your product.

8. No alcoholic beverage may be used as an ingredient in any 4-H food product or served at a meal.

9. A 4-H member may prepare the same product in only one kitchen activity. If that product or one verysimilar is prepared in more than one activity, the activity with the most premium points will be disqualified for ribbon, premiums, and advancement to state. This does not include Table Setting, which can use the same menu as a kitchen activity.

10. Dress appropriately for a kitchen activity – hair under control, dress, skirt with modest top, pants. No open shoes or flip-flops. Wear apron. Proper dress is a safety issue.

11. Allotted time will include kitchen set up, preparation, serving food, clean up, and judge interview.

12. Superintendents will give a list of those eligible for participation at the state fair to the State 4-H Fair Coordinator.

13. Disregarding regulations may result in lowering a ribbon color or disqualification. Problems or irregularities being brought to the attention of the judge or superintendent after the awarding of a ribbon in an activity may cause reconsideration of that ribbon and eligibility for State Fair.

14. Available for use in Kitchens –

RESERVE EQUIPMENT USE ON THE PRE-REGISTRATION FORM (in the dish/time needed box)

- 1 Kitchen Aid stand mixer
- 1 Portable Electric mixer
- 2 Blenders
- 1 food processor

Following materials are available as free download WSU publications to help with 4-H Food Activities:

Dinner is Served (EM3443) <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>
Sanitizing Dishes (EM4808) <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>
Pack a Safe Lunch (EB1490) <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>
You Can Prevent Food Borne Illness-
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>

WSU 4-H Food curriculum can be located at:
<https://pubs.wsu.edu/ListItems.aspx?Keyword=Food>

4-H Members participating in 4-H Kitchen Activities may temporarily park and unload supplies at loading docks on the north side of the Event Center Building. Allow enough time prior to activity start time.

- Park
- Unload supplies
- Store in 4-H Kitchen storage area
- Return to Car
- Re-park car in a Fair grounds parking lot
- Walk back to 4-H Kitchens
- Start 4-H Activity

DIVISION 720: BEVERAGE ACTIVITY

Contact Person:
Nancy Peck
(360) 687-2312

Open to Cloverbuds, Juniors and Intermediates

Must be enrolled in a foods project or Adventures in Family Living. Curriculum can be located at the following web sites:

<http://extension.wsu.edu/4h/publications/family/Pages/general.aspx?CatID=369>

Blue 10, Red 8, White 6, Participation ribbons for Primary members

1. Participant will prepare a beverage from beginning to end during the activity. No mixes or premeasured items will be allowed.
2. Participants will bring all utensils, equipment and ingredients needed for activity. A stove, microwave, refrigerator, and sink are available for use. Serve beverage to judge and self.
3. Time limit for activity is 1 hour. Includes – set up, clean up, serving and talking with judge.
4. The beverage prepared should demonstrate food and kitchen safety, appropriate preparation skills and knowledge, and nutritional information appropriate for age.
5. Participant will provide a recipe for judge and complete 4-H Activity Worksheet (C1099E) prior to arrival at the kitchen. Worksheet can be downloaded at:
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> .
6. Primaries will complete front page of 4-H Food Activity Worksheet and column 1 of page two. They will receive a participation ribbon and skills help in the kitchen.
7. Participant should be able to explain to the judge what they are doing and why, during activity and interview afterwards.
8. Know information on worksheet C1099E (4-H Food Activity Worksheet)

DIVISION 725: BREAD BAKING ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Open to 4-H Cloverbuds, Juniors, and Intermediates & Seniors.

Read Kitchen Activities General Rules and Regulations.

All 4-H members enrolled in the 4-H What's On Your Plate Project may participate in this activity. Curriculum to aid members can be located at <http://www.choosemyplate.gov/>

Points:

| | |
|--------------------------------|---------------------------|
| CLASS A: Kneaded Yeast Breads: | Blue 20, Red 16, White-12 |
| CLASS B: Batter Breads: | Blue 15, Red-12, White- 9 |
| CLASS C: Quick Breads: | Blue 12, Red-10 White- 7 |

Maximum time allowed for simple breads-2.5 hours; kneaded & shaped yeast breads—3 hours. Time category is determined by complexity of preparation. Judge will sample and evaluate product made in the kitchen. Total time includes unpacking, preparation, clean up, evaluation time with judge.

A completed 4-H Food Activity Worksheet C1099E, can be downloaded at - <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> site and must be handed to the superintendent when entering the kitchen. Attach a recipe to the worksheet and bring one extra for the superintendent.

-Contestants bring all equipment and ingredients needed to make the completed product in Fair kitchen including your own apron, dish cloths and towels, mixer, bowls, pans, and recipe ingredients.

-Contestant will bring a table setting and tablecloth or place mats for two, to serve the finished product to judge and self. Serving dishes available in the kitchens or may provide own. - Contestant should bring any condiments needed to serve with product. Any type of bread product that is started and completed in the Fair kitchen may be used.

-No bread machines

-Quick bread examples: fruit or nut, muffins, hot cakes, waffles, biscuits, scones, popovers, etc. Yeast bread examples: batter breads, yeast breads or rolls made by conventional or rapid mix methods. Any grain flour or meal may be used (wheat, rye, corn, oats, etc) Junior members are limited to quick breads only and are limited to 2.5 hours.

Cloverbuds fill out only that portion of the worksheet indicated for them. They may make simple quick breads, such as pancakes, waffles, popovers, biscuits, and muffins. They receive a Participation ribbon and no premiums. Read the Kitchen Activities General Rules and Regulations for all information pertaining to Primaries.

If you have any questions about this activity, please call Nancy Peck at (360) 687-2312.

DIVISION 750: LUNCH ON-THE-GO ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Points: Blue 12, Red 10, White 7

Open to Cloverbud, Junior, Intermediates and Senior members. 4-H Food Activity Worksheet C1099E (<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>) is required. Curriculum can be located at the following WSU web site: <http://extension.wsu.edu/4h/publications/family/Pages/general.aspx?CatID=369>.

1. Participant will make lunch from beginning to end during the activity.
2. Lunch preparations should demonstrate food and kitchen safety, appropriate food preparation skills, and knowledge appropriate for the age and experience of the youth.
3. Consideration of how/where the lunch will be stored prior to eating, where it will be eaten, and good safety practices related to storage are of greatest importance. Bring the storage container this meal is intended to be stored in before eating. The lunch may be intended for school for younger members; a picnic, special outing, work setting are examples for older youth.
4. Time limit for completion of this entire activity (includes set-up, activity, interview, clean up) is 1.5 hours, including a short interview with the judge.
5. Must bring all the food and equipment needed to prepare the lunch and complete clean up.
6. Lunches may contain some commercial foods or foods prepared prior to the activity; example: cookies, puddings, cupcakes, etc. Items such as sandwiches, tortilla wraps, bagel sandwiches, fruit salads, etc. should be made on the site. Include beverages in lunch. Food is to be appropriate for the occasion.
7. Participants need to know what food groups are represented in their lunch. Strive to have all groups represented for balanced nutrition. Food should be chosen to meet the nutritional needs of exhibitor. Activity will be judged on nutritional content, packaging, safety of food, eye appeal and creativity.
8. Lunch will be taken with the exhibitor at the end of activity. Exhibitor will not serve or eat lunch at activity. For more information, see C1071E and C1072, or call Nancy Peck (360) 687-2312.
9. Cloverbuds may make a basic school lunch. They will fill out that portion of the worksheet indicated for them. Read Kitchen Activities – General Rules and Regulations and information for this activity above.

DIVISION 755: FOODS FOR ALL OCCASIONS

Contact Person:

Nancy Peck
(360) 687-2312

Open to Juniors, Intermediates & Seniors – Individual or two-person team. Must be enrolled in a Foods and Nutrition project series. Points: Blue 25, Red 20, White 15
Refer to beginning of Activity Section (#2) for dates and times to take part in this activity. Participants prepare a meal for themselves, a judge, and one or two guests, for a total of four people. Participants will:

- prepare
- serve food

- act as host/ hostesses
- clean up.
- wash dishes and
- pack all belongings.
- talk with the judge
- out of the kitchen within time limit

Bring:

- All foods,
- Utensils,
- Table settings,
- Completed 4-H Food Activity worksheet C1099E
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>
- Recipes
- Everything you need to prepare and serve the meal.

Participants must provide judges with a written menu of the meal and identify the foods groups represented in the meal. Judge may ask participants questions during contest and afterward in an interview. Evaluation will be based on C1098E Score Sheet.

Dress appropriately for a foods contest. Appearance is part of judging for the contest. Maximum time allowed for snacks—1 1/2 hours; 2-3 hours for full meals.

Meals will be served to the judge, contestants, and their immediate families (or close friends agreeable to eating meals), as arranged by contestant.

4-H Food and Nutrition curriculum can be found and down loaded from:

<http://extension.wsu.edu/4h/publications/family/Pages/general.aspx?CatID=369>.

DIVISION 760: FOODS OF THE PACIFIC NORTHWEST ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Open to Juniors, Intermediates & Seniors

Points: Blue 20, Red 16, White 12.

Refer to beginning of Activity Section for dates and times to take part in this activity.

This activity is open to Juniors, Intermediates and Seniors enrolled in the Foods of the Pacific Northwest projects.

1. Refer to bulletin EM4733E Food Activities Guidelines (4-H Supplemental Material) available at the WSU/Clark County Extension Office and on line at <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>
2. Contestants will bring completed 4-H Food Activity worksheet C1099E (<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>) along with two copies of any recipes used. Prepare a dish which features an agricultural product produced in the Pacific Northwest. Set two place settings at the table (one for the judge and one for yourself). The place settings should be appropriate for the food served. The judge and contestant will taste the dish. Change the type of food each year. Difficulty should be appropriate to the age and year in 4-H project.

3. Member will need to be prepared to discuss with the judge the preparation and quality of the food product; the educational display; and the nutritional, historical and cultural aspects of the agricultural product used in the activity. Be prepared to give presentation to public on educational display.
4. Intermediates and Seniors will be allowed up to three hours for completion of the entire activity. Juniors will be allowed two (2) hours for completion of the entire activity.
5. Food Activity score sheet will be used for evaluation
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>

4-H Project curriculum can be down loaded at:
<http://extension.wsu.edu/4h/publications/family/pages/project.aspx?PID=ECK>

DIVISION 790: PIE BAKING ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Open to 4-H Intermediates & Seniors.

Points: Blue 15, Red 10, White 6.

Kitchen Activity worksheet: <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>

Refer to beginning of Activity Section for dates and times to take part in this activity.

Activity is open to all Intermediates and Seniors enrolled in a Foods Project. Participants are to prepare a pie of their choice to be judged. Bring all ingredients and materials needed. You will need to prepare your own piecrust and filling from scratch at the activity; no prepared piecrusts accepted. You will need to serve a slice of your pie to the judge.

Time allowed – up to 2.5 hours

DIVISION 805: SALAD ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Must be enrolled in a Foods Project

Open to Cloverbud, Juniors, Intermediates and Seniors

Read Kitchen Activities General Rules and Regulations.

Points: Blue 15, Red 12, White 9

1. Up to 1.5 hour including set up, cleanup, serving and talking to judge will be allowed, depending on complexity of salad prepared.
2. Participant must make the salad from beginning to end during activity. No prepared, pre-measured, or pre-cut items may be used. No Jell-O salads. Salad must be ready to serve and eat after preparation. Bring dressing if needed - bottled is fine.
3. The salad should demonstrate food preparation skills and knowledge appropriate for the age and experience of participant.

4. Participant must bring all food and equipment needed to prepare the salad and clean up. Bring table service or to serve judge and self. A stove, microwave, and refrigerator will be available.
5. Complete worksheet before arriving at activity, including day's menu. Include Nutrition balance in the menu, mix of colors, flavors, and textures will be considered. Provide judge with recipe. Be prepared to serve self and judge and discuss what was made, its nutritional value, and information on worksheet. 4-H Food Activity Worksheet C1099E (<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>) is required to be filled out prior to activity.
6. Cloverbuds may make simple salads, such as green and cottage cheese. Fill out that portion of worksheet indicated for them. Read Kitchen Activities – General Rules and Regulations. They receive a Participation ribbon and no premiums. Member will receive help, training, and encouragement from judges during their activity.

DIVISION 810: FOOD PRESERVATION ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Read Kitchen Activities General Rules and Regulations.

Open to Juniors, Intermediates, & Seniors

Time allowed for activities:

- Food Drying – 1 hour
- Freezing – 1.5 hours
- Jams/Jellies – 1.5 hours
- Water bath – 2 hours
- Pressure Canning – check with Superintendent

CLASS & POINTS:

- | | |
|------------------------|---------------------------|
| A. Drying and Freezing | Blue 15, Red 12, White 9 |
| B. Water Bath | Blue 20, Red 15, White 12 |
| C. Pressure Canning | Blue 20, Red 15, White 12 |

Refer to beginning of Activity Section for dates and times to take part in this activity.

This activity is for those Juniors, Seniors and Intermediates who are enrolled in the Food Preservation Project. 4-H Juniors are limited to freezing and dehydration. The object of this activity is to demonstrate knowledge and skill in planning, selecting, and preparing food to be preserved. Member should be able to discuss and demonstrate safe food preservation methods. Processing methods should follow current USDA and WSU bulletin recommendations.

<http://extension.wsu.edu/4h/publications/family/pages/project.aspx?PID=ECC>

Bring all utensils, equipment, food, and materials needed to participate in the activity.

Note: Also **bring current PNW or USDA source booklets** used for canning method and processing time. Participants preparing jams or dehydration will prepare one batch; those doing water bath or pressure canning will process two pint or quart jars of produce.

A jar label is to be filled out and attached to each filled container. If container is too hot, make out the labels but do not attach.

All levels may advance to State Fair. Intermediates and seniors may participate as individuals or two person teams if preserving foods by water bath or pressure canner. They must be the same 4-H age group and if advance to the State Fair must participate in the same category individual or team (with the same person). Bring Kitchen Activity worksheet
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>

DIVISION 813: QUICK-TO-FIX MEALS ACTIVITY

Contact Person:

Nancy Peck
(360) 687-2312

Open to Juniors, Intermediates and Senior members. Individual or two-person team (county only).

Read Kitchen Activities General Rules and Regulations 4-H member must be currently enrolled in a 4-H Foods project.

<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>

Points: Blue 20, Red 16, White 12

1. A completed 4-H Food Activity worksheet C1099E, can be downloaded from <http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> must be turned in at the beginning of activity.
2. The simple meal/snack should demonstrate food and kitchen safety, appropriate preparation skills, and knowledge appropriate for the age and experience of the youth.
3. Time limit is up to two (2) hours, including set up, serving meal, clean up and judge's interview.
4. Prepare a meal/snack for two people if individual (judge and 4-H member) or three people if team (judge and 2 team members). This is a simplified Foods for All Occasion activity.
5. Participant must bring all the food and equipment needed to prepare meal and clean up. Stove, microwave and refrigerator will be available for use. Provide own tablecloth/placemats, centerpiece.
6. Participant must provide judge with a written menu of the simple meal and identify the foods groups represented in the meal. Judge may ask participant questions during contest and afterward in an interview. Evaluation will be based on C1074.
7. For more information and suggestions for meals see WSU/4-H publications EM3443 E – Dinner Is Served Dinner is Served (EM3443)
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> or EM4733E Food Activity Guidelines
<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>
or call Nancy Peck 687-2312.

DIVISION 815: TABLE SETTING EXHIBIT

Superintendent:

Josette Bisbee
(360) 901-3012

Assistant Superintendent:

Vacant

August 2, 4, 6, 8, & 10

Open to 4-H Juniors, Intermediates & Seniors currently enrolled in a 4-H Foods project.

Pre-registration is required. Pre-registration forms for this activity will be available the first business day of May at the WSU/Clark County Extension Office and is due at the same location by the last business day of June. Forms are available for printing at:

<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>

This activity is open to all 4-H members.

| | | | | |
|----------------|----------------------------|-----------|------------|---------|
| Enter-Friday | August 2, 10 am – release | Saturday | August 3, | 9:45 pm |
| Enter-Sunday | August 4, 10 am – release | Monday | August 5, | 9:45 pm |
| Enter-Tuesday | August 6, 10 am – release | Wednesday | August 7, | 9:45 pm |
| Enter-Thursday | August 8, 10 am – release | Friday | August 9, | 9:45 pm |
| Enter-Saturday | August 10, 10 am – release | Sunday | August 11, | 10 pm |

Points: Blue 15, Red 12, White 8.

CLASS:

1. Juniors - Table settings for breakfast only.
2. Intermediates - Table settings for a lunch or dinner.
3. Seniors - Table settings for foreign foods or party. Include menu plus explanation of culture or theme of party.

Member should plan a coordinated, economical table setting and menu around a selected theme, while taking into consideration the menu's nutritive value as part of the total day's food.

Plan a nutritious menu with good variety in color, texture, flavor, temperatures, sizes and shapes.

The exhibit will consist of:

1. A place mat or tablecloth and a centerpiece.
2. One complete place setting.
3. An 8-1/2" x 11" standing stiff card with: the entire day's menu listed, written in proper format; an explanation of what part of the day's nutritive requirements your meal provides; and the cost of your meal.
4. A copy, on recipe card, of one of the dishes served. The table settings will be judged on:
 - A. Creativity of theme.
 - B. Use of appropriate accessories.
 - C. Eye-catching appeal.
 - D. Accuracy of table settings.
5. Please bring your own card table for your place setting. Paper items are permissible. Member is encouraged to make tablecloth or place mat and centerpiece. These are inexpensive and add a personal touch to table.

6. A blue ribbon qualifies juniors, intermediates, and seniors to advance to the State 4-H Fair to participate in the Table Setting Activity.

This activity is a one-hour activity, in which you bring a written plan listing your menu and planned occasion, and uses your own utensils (here you set two places). Must do something different each year you participate, but you may repeat activity. See C1075E Table Setting

Activity at <https://pubs.wsu.edu/ItemDetail.aspx?ProductID=13262> for further information or call Nancy Peck, 687-2312. You will sign up at the county fair with the county coordinator of kitchen activities for a day and time at the State Fair.

DIVISION 816: BAKING

Superintendent:

Katie Klaus
(360) 887-7061

Assistant Superintendent:

Jolynn Klaus
(360) 887-7665

Exhibits are entered on Tuesday, July 30th, from 11 am to 7:30 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area. Judging will begin at 2 pm.

4-H members in the same family **MUST** each make their own product for entry; **THEY CANNOT SHARE THE SAME BATTER**. If this should occur, entry will be disqualified.

All entries must include:

- 3"x 5" card with recipe printed or typed
- Name in the upper left hand corner
- No premiums awarded without recipe card
- Please put exhibit on a 5-inch paper plates
- Bring 1/2 loaf or pan of bread, pies, and cakes (or bake in miniature pans)

No commercial mixes acceptable except for Class 1 (Cloverbuds and Juniors only).

Advanced Juniors, Intermediates, and Seniors can use package mixes only as an ingredient in a recipe.

Members may enter any ten Class numbers, one item per Class.

Classes 1-5 are limited to 4-H Cloverbuds (participation ribbon only-no premiums), Juniors, or first year 4-H members only.

Points: CLASS 1-5 Blue 6, Red 4, White 2
CLASS 6-11 Blue 8, Red 6, White 4
CLASS 12-56 Blue 10, Red 8, White 6

CLASS 1-5: Limited to 4-H Primary, Junior and first year members only.

1. One commercial mix
2. Four no-bake cookies
3. Four drop cookies (example: Chocolate chip cookies)
4. Four refrigerator cookies
5. Four molded cookies (example: peanut butter cookies)

CLASS 6-56: Junior, Intermediate and Senior 4-H members only.

6. Four specialty cookies
7. Four bar cookies (1x2)
8. Four plain muffins
9. Four cornmeal muffins
10. Four fruit muffins
11. Four whole-wheat muffins
12. Four baking powder biscuits
13. Four cupcakes - frosted or unfrosted

14. Four fancy tea cookies
15. Four cookies from foreign country
16. One-half loaf nut bread
17. One-half loaf fruit or vegetable bread
18. One-half loaf batter bread
19. Coffee cake
20. One-fourth white cake, iced
21. One-fourth yellow cake, iced
22. One-fourth chocolate cake, iced
23. One-fourth cake from foreign country
24. One-fourth angel cake, no icing
25. One-fourth yellow sponge cake, no icing
26. One-fourth bundt cake
27. One-fourth pound cake
28. One-fourth fruit based cake, such as applesauce
29. Traditional fruitcake, light or dark
30. Four dinner rolls
31. Four whole grain rolls
32. Four cinnamon rolls
33. Four shaped rolls
34. One shaped bread, such as tearing
35. One-half loaf white yeast bread
36. One-half loaf mixed grain yeast bread
37. One-half loaf graham bread
38. One-half loaf whole wheat bread
39. One-half loaf low salt bread
40. One-half loaf rye bread
41. One-half loaf sourdough bread
42. One-half loaf bread from any recipe from another country
43. Holiday yeast bread
44. Shaped bread craft
45. Four strips pie crust
46. One fruit pie (cream pies, cheese cake)
47. Candy, fudge (four pieces)
48. Candy, penuche (four pieces)
49. Candy, divinity (four pieces)
50. Candy, caramel (four pieces)
51. Candy, Hard (four pieces)
52. Candy, molded (four pieces)
53. Pastry/donuts
54. Recipe file box (Each year include at least 8-10 new recipes of appropriate difficulty that are dated and divided into appropriate categories.)

DIVISION 820: BROWN BAG LUNCH EXHIBIT

Superintendent:

Katie Klaus
(360) 608-7061

Assistant Superintendent:

Jolynn Klaus
(360) 887- 7665

Exhibits are entered on Tuesday, July 30th, from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Points: Blue 8, Red 6, White 4

Cloverbud (participation ribbon only – no premiums) and Junior Members.
Members must be currently enrolled in the Adventures in Family Living Project or a 4-H Food Project.

Brown Paper Bag:

- Entry form should be attached to the top of the bag.
- Using a brown paper lunch sack, draw or cut from magazines, pictures of the brown bag lunch ingredients.
- Pictures must be attached to the outside of one side of the sack.
- 3"x 5" index card with the menu for the day this lunch will be eaten
- Sacks will be displayed.

Entries will be judged on:

- nutritional content of the illustration
- originality
- neatness
- safety

Food should be chosen to meet the nutritional needs of the exhibitor with the understanding that the exhibitor will leave home at 7:30 a.m. for the first day of the school year and will store the lunch in a locker until 12:30 p.m. lunch period. Since milk or soft drinks are often purchased at school, the beverage does not have to be included, but should be indicated on the day's menu to be exhibited with the entry.

This exhibit does not qualify as an Educational Displays/Posters exhibit for State Fair.

Curriculum to help in this activity:

Pack a Safe Lunch:

<https://pubs.wsu.edu/ListItems.aspx?Keyword=Pack%20a%20safe%20lunch>

DIVISION 822: SPECIAL DIETS EXHIBIT

Superintendent:

Katie Klaus
(360)-608-7061

Assistant Superintendent:

Jolynn Klaus
(360) 887-7665

Exhibits are entered on Tuesday, July 30th from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

Points: Blue 12, Red 10, White 8

CLASS:

1. Menu planning for low calories
2. Menu planning for reduced sodium
3. Menu for allergy
4. Menu for diabetic
5. Menu for low cholesterol
6. Other

Member must be enrolled in any 4-H Foods Project.

Using a piece of tag board (14" x 22") draw or attach pictures from magazines, of food to be eaten by an individual on a special diet:

- a place setting
- beverage container
- dessert plate
- 3"x 5" index card with the menu of the day this meal will be eaten. Foods should be chosen to meet the nutritional needs of the person.
- Attach 5"x7" card, with title indicating the special health need.
- Under title list the food items and give reasons why you choose them

4-H FOOD PRESERVATION

Superintendent:

Sandy Brown
(360) 904-8470

Assistant Superintendent:

Judi Seifert

Exhibits are entered on Tuesday, July 30th from 10 am to 8 pm at the Clark County Fair Grounds in the Event Center Exhibit Hall A – 4-H Still Exhibit Area.

RULES & REGULATIONS:

1. Open to members in the Food Preservation Project – materials can be downloaded in the Family and Consumer Science section of the 4-H Projects and Publication catalog or <https://pubs.extension.wsu.edu/search?q=Food+Preservation> Juniors may do drying, freezing, and hot water bath ONLY, not pressure canning.

2. All products are to be exhibited in clean, standard canning jars. Other containers will be disqualified. Pint jars minimum size for fruit, vegetables, meats, and pickles. 1/2 pint jars minimum size for jellies, jams, and various preserves.

3. Please bring Fair entry in with new screw bands on jars. Remember to thoroughly clean outside of jars. Jars may be opened at the judge's option.

4. All canning exhibits must be labeled, using labels (C0803 4-H Canned Food or C0804 4-H Dried Foods) available at the WSU/Clark County Extension Office or at: <https://pubs.wsu.edu/ListItems.aspx?Keyword=food%20labels>

The label (Canned or Dried):

- centered on the lid of the jar or front of the packaging for dried foods
- kind of food
- type of pack (raw or hot)
- processing method used
- time processed
- date processed
- class and lot number
- name of exhibitor

5. Indicate on labels for canned tomatoes if citric acid or lemon juice has been added, e.g., "1/2 tsp. citric acid added."

6. Processing methods and times must follow current Washington State University and USDA recommendations. USDA recipes are not required for jams, and jellies, but USDA processing recommendations must be followed. Use boiling water bath for jams and jellies.

DO NOT INVERT JARS! NOT SAFE!

7. Recipes are to be included for all pickles, relishes, salsa, soups, stews, and sauces. Please indicate the recipe source that follow safe urgent WSU and USDA recommendations link to those publications.

8. Freezer jams and jellies are accepted however, due to the lack of facilities, frozen exhibits cannot be displayed. Additional information can be found/located under Frozen Foods.

9. New jars or rings or lids must accompany Clark County Fair product. Others will be disqualified.

10. Please bring food preservation booklets with you from where your procedures and processing times come from.

DIVISION 823: FOOD PRESERVATION EXHIBITS

MAX NUMBER OF ENTRIES FOR ALL PRESERVATION EXHIBITS IN THIS CLASS IS 12.

Points: Blue 8, Red 6, White 4

FRUIT

Pint jar, minimum size

Eight (8) class numbers may be entered, one entry per lot.

CLASS:

1. Rhubarb
2. Apples, strained or in pieces
3. Apricots
4. Blackberries
5. Boysenberries
6. Cherries (light, sweet)
7. Cherries (dark, sweet)
8. Loganberries, Youngberries, Nectar berries
9. Peaches
10. Pears
11. Plums
12. Raspberries
13. Prunes
14. Applesauce
15. Fruit juice/nectar
16. Fruit syrup
17. Other

VEGETABLES

Intermediate or Senior only, no Junior entries.

Pint jar, minimum size. Seven (7) class numbers may be entered, one entry per lot.

CLASS:

20. Asparagus
21. Beans, green
22. Beans, wax

23. Baby beets, whole
24. Baby carrots, whole
25. Corn, whole kernel style
26. Corn, cream style
27. Greens
28. Peas
29. Mature beets
30. Mature carrots
31. Tomatoes (whole or halved, crushed, stewed. etc.)
32. Soup stock
33. Vegetable juice (tomato, tomato/vegetable)
34. Vegetable sauce (catsup, spaghetti, BBQ, salsa etc.)
35. Other

MEATS

Three (3) class numbers may be entered, one entry per lot.

Intermediates or Seniors only, no Junior entries.

Pint jar, minimum size

CLASS:

36. Beef or wild meat
37. Fowl
38. Pork
39. Clams
40. Salmon
41. Other fish
42. Meat/vegetables combination (stew, chili)
43. Other

PICKLES

Five (5) class numbers may be entered, one entry per lot.

Pint jar, minimum size

CLASS:

44. Beet
45. Bread and Butter
46. Dill
47. Fruit
48. Mustard
49. Mixed
50. Relish
51. Sour Cucumber
52. Sweet Cucumber
53. Other

JELLIES

Five (5) class numbers may be entered, one entry per lot.

1/2 pint jar, minimum size

CLASS:

54. Apple

55. Blackberry
56. Boysenberry
57. Cherry
58. Crab Apple
59. Currant
60. Grape
61. Huckleberry
62. Loganberry, Nectar berry
63. Mint
64. Plum
65. Quince
66. Raspberry
67. Rhubarb
68. Strawberry
69. Other

JAMS

(Indicate sugar or sugar substitute on label)

Five (5) class numbers may be entered, one entry per lot.

1/2 pint jar, minimum size

CLASS:

70. Apricot
71. Blueberry
72. Boysenberry
73. Blackberry
74. Cherry
75. Gooseberry
76. Grape
77. Huckleberry
78. Loganberry, Nectar berry
79. Plum
80. Peach
81. Raspberry
82. Strawberry
83. Other

PRESERVES

Five (5) class number may be entered, one entry per lot.

1/2 pint jar, minimum size

CLASS:

84. Preserve
85. Fruit Butter
86. Conserve
87. Marmalade
88. Other

DRIED FOODS

Five (5) class numbers may be entered, one entry per lot.

1/4 pint jar or plastic bag

CLASS:

- 89. Dried vegetable
- 90. Dried fruit
- 91. Dried herb
- 92. Fruit Leather
- 93. Other

No jerkies or dried meats will be accepted at this time due to health/safety concerns.

FROZEN FOODS

Pint or ½ pint (uniform size) clear plastics or clear glass containers. One frozen jam, one frozen jelly may be entered per exhibitor, due to limited space in our COOLER case. This is a first-come, first-served basis. The superintendent has a right to close entries if cooler space is filled. Entries may be opened at judge's discretion. Recipes for the jams & jellies are required to accompany entries.

FROZEN JAM

CLASS:

- 94. Apricots
- 95. Blackberries
- 96. Boysenberries
- 97. Peach
- 98. Raspberry
- 99. Strawberry
- 100. Youngberry

FROZEN JELLY

CLASS:

- 101. Apple
- 102. Blackberry
- 103. Boysenberry
- 104. Crab apple
- 105. Grape
- 106. Raspberry
- 107. Strawberry
- 108. Youngberry

DIVISION 824: BALL YOUTH AWARD

Points: Blue 20, Red 16, White 12

To stimulate youth interest in food preservation. Ball Corporation is offering a special award for the top participant in this activity.

- 1) Member must be enrolled in the 4-H Food Preservation Project for the current 4-H year.
- 2) Each participant must plan and exhibit menus for meals for one day (three meals: breakfast, lunch, and dinner; or breakfast, dinner, and supper).
- 3) The menu must utilize guidelines suggested for good meal planning, i.e. texture, color, method of preparation, utilizing food available and the current food pyramid -

<http://www.choosemyplate.gov/> Ball jars with Ball lids and bands or Kerr jars with Kerr lids and bands must be used.

- 4) One jar of home canned food must be exhibited with each meal on the menu (a total of three jars).
- 5) Exhibit these jars and menu in an attractively decorated basket or size appropriate box.
- 6) Show your creativity.