

## **4-H FAMILY & CONSUMER SCIENCES**

### **4-H STILL EXHIBITS AREA (EXHIBITION HALL C)**

**Superintendent**

**Coordinator Oscar**

**Carlson 360-721-7365**

Each 4-H member showing in this department is responsible for reading and complying with the **General Rules** for the Clark County Fair, the 4-H rules and regulations (the Clark County Fair General Rules and the 4-H General Rules documents are available on the Clark County Fair's website [www.clarkcofair.com](http://www.clarkcofair.com) ), and the special rules and regulations of this department.

### **ONLINE ENTRIES**

Entries can be submitted online. Please log-in to Fairentry with your 4-Honline credentials, you do not need to create an account to submit 4-H Still Exhibit entries. During Still Exhibit Drop-Off on Tuesday, August 4th, entry form and entry tags will already be printed and provided to the department superintendent.

If you would like assistance with submitting your entries online, please contact Phoebe Jud.

### **IN PERSON ENTRIES**

If you would rather not submit your entries online, you can submit your entries in person on Tuesday, August 4 from 10 a.m. to 7 p.m.

### **ENTRY DROP OFF**

Entries can be dropped off on Tuesday, August 4 from 10 a.m. to 7 p.m.

### **GENERAL INFORMATION:**

1. Items entered on display must stay in the 4-H designated area the entire time of the Clark County Fair. Members may pick up their exhibits after 10 pm on the last day of the Fair or the Monday following Fair from 9 am to Noon. If you are unable to be there at that time, please make arrangements to have your exhibits picked up. Some 4-H exhibits will be taken back to the 4-H Office-check first 564-397-5730.

2. **Entries will be accepted in the 4-H Still Exhibit Area in Exhibition Hall C on Tuesday August 4<sup>th</sup>, from 10 am to 7 pm.** Interview judging will be available to 4-H members at the time exhibits are entered if a judge is present in that department. Interview judging is a learning opportunity for 4-H members through feedback on his/her exhibit. Members may select one item per department for interview judging. For further information, (i.e. times and dates), about interview judging in various departments, contact the superintendent listed in the Exhibitor Guide.

3. **4-H members may only exhibit items in projects in which they are enrolled. Superintendents will consult with the 4-H Office in the case that 4-H projects and 4-H online project categories are not clearly connected.**

4. Pre-registration forms for 4-H County Fair Activities will be available at the WSU/Clark County Extension 4-H Program office or online

<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/> and due at the same location by the last business day of June. (Or online at FairEntry.com; call 564-397-5730 with questions). Members will participate in activities at assigned times, bringing all materials and supplies needed. Participants must arrive at the activity and be prepared to participate at the assigned time. Failure to start at the assigned time may result in forfeiture of time slot, being moved to another time allocation, and/or having the final ribbon lowered at least one placing. Judges will evaluate member at the time of the activity. Judges' decision is final.

5. Prior to Clark County Fair, 4-H participants will be emailed date and time of chosen activity and directed to the site for 4-H worksheets (<http://extension.wsu.edu/clark/4hyouthfamilies/clarkcountyfair/>) required by some 4-H Activities, once pre-registration is completed. These worksheets must be completed and handed to the superintendent before the start of the activity. **They are to be completed in members' handwriting, or typed by youth.** Incomplete or missing worksheets may result in the lowering of ribbon color at least one placing for the activity. Any photos required for the activity will be attached to the worksheet when it is turned in.

6. **Building Security - Any parent and/or leader, whose child is enrolled in projects displayed or activities in the 4-H Building MUST sign up for a security shift. Sign up Tuesday, August 4<sup>th</sup> (Entry Day) from 10 am- 7 pm in the 4-H Still Exhibit Area Exhibit Hall C in the Event Center on the Clark County Fair Grounds.**

#### **7. 4-H State Fair**

4-H Still Exhibits/4-H Activities are required to sign up online and all projects to State Fair Coordinators no later than Monday, August 17 by noon. Coordinators will be present from 9 am - Noon on Monday.

4-H State Fair paperwork may be done online once judging is complete and exhibit qualifies.

Deadline for 4-H Still Exhibit entries exhibiting at 4-H State Fair: Monday, August 17 by Noon! Entries are received in the Clark County Event Center, Exhibit Hall C, State Fair Coordinator. No entries will be accepted after Noon.

Check the 4-H State Fair website for the Exhibitor Handbook for Class and Lot numbers to complete paperwork.

<http://4h.wsu.edu/statefair/>

## **DIVISION 822: SPECIAL DIETS EXHIBIT**

**Superintendent:**

Katie Klaus  
(360)-608-7061

**Assistant Superintendent:**

Jolynn Klaus  
(360) 887-7665

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**Points: Blue 12, Red 10, White 8**

### **CLASS:**

1. Menu planning for low calories
2. Menu planning for reduced sodium
3. Menu for allergy
4. Menu for diabetic
5. Menu for low cholesterol
6. Other

### **Member must be enrolled in any 4-H Foods Project.**

Using a piece of tag board (14" x 22") draw or attach pictures from magazines, of food to be eaten by an individual on a special diet:

- a place setting
- beverage container
- dessert plate
- 3"x 5" index card with the menu of the day this meal will be eaten. Foods should be chosen to meet the nutritional needs of the person.
- Attach 5"x7" card, with title indicating the special health need.
- Under title list the food items and give reasons why you choose them

## **4-H FOOD PRESERVATION**

### **Superintendent:**

Sandy Brown  
(360) 904-8470

### **Assistant Superintendent:**

Michelle McGill  
360-571-4120

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### **RULES & REGULATIONS:**

1. Open to members in the Food Preservation Project – materials can be downloaded in the Family and Consumer Science section of the 4-H Projects and Publication catalog or <https://pubs.extension.wsu.edu/search?q=Food+Preservation>  
Juniors may do drying, freezing, and hot water bath ONLY, not pressure canning.
2. All products are to be exhibited in clean, standard canning jars. Other containers will be disqualified. Pint jars minimum size for fruit, vegetables, meats, and pickles. 1/2 pint jars minimum size for jellies, jams, and various preserves.
3. Please bring Fair entry in with new screw bands on jars. Remember to thoroughly clean outside of jars. Jars may be opened at the judge's option.
4. All canning exhibits must be labeled, using labels (C0803 4-H Canned Food or C0804 4-H Dried Foods) available at the WSU/Clark County Extension Office or at: <https://pubs.wsu.edu/ListItems.aspx?Keyword=food%20labels>

The label (Canned or Dried):

- centered on the lid of the jar or front of the packaging for dried foods
- kind of food
- type of pack (raw or hot)

- processing method used
- time processed
- date processed
- class and lot number
- name of exhibitor

5. Indicate on labels for canned tomatoes if citric acid or lemon juice has been added, e.g., "1/2 tsp. citric acid added."

6. Processing methods and times must follow current Washington State University and USDA recommendations. USDA recipes are not required for jams, and jellies, but USDA processing recommendations must be followed. Use boiling water bath for jams and jellies.

**DO NOT INVERT JARS! NOT SAFE!**

7. Recipes are to be included for all pickles, relishes, salsa, soups, stews, and sauces. Please indicate the recipe source that follow safe urgent WSU and USDA recommendations link to those publications.

8. Freezer jams and jellies are accepted however, due to the lack of facilities, frozen exhibits cannot be displayed. Additional information can be found/located under Frozen Foods.

9. New jars or rings or lids must accompany Clark County Fair product. Others will be disqualified.

10. Please bring food preservation booklets with you from where your procedures and processing times come from.

**DIVISION 823: FOOD PRESERVATION EXHIBITS**

MAX NUMBER OF ENTRIES FOR ALL PRESERVATION EXHIBITS IN THIS CLASS IS 12.

**Points: Blue 8, Red 6, White 4**

**FRUIT**

Pint jar, minimum size

Eight (8) class numbers may be entered, one entry per lot.

**CLASS:**

1. Rhubarb
2. Apples, strained or in pieces
3. Apricots
4. Blackberries
5. Boysenberries
6. Cherries (light, sweet)
7. Cherries (dark, sweet)
8. Loganberries, Youngberries, Nectar berries
9. Peaches

10. Pears
11. Plums
12. Raspberries
13. Prunes
14. Applesauce
15. Fruit juice/nectar
16. Fruit syrup
17. Other

### **VEGETABLES**

Intermediate or Senior only, no Junior entries.

Pint jar, minimum size. Seven (7) class numbers may be entered, one entry per lot.

#### **CLASS:**

20. Asparagus
21. Beans, green
22. Beans, wax
23. Baby beets, whole
24. Baby carrots, whole
25. Corn, whole kernel style
26. Corn, cream style
27. Greens
28. Peas
29. Mature beets
30. Mature carrots
31. Tomatoes (whole or halved, crushed, stewed. etc.)
32. Soup stock
33. Vegetable juice (tomato, tomato/vegetable)
34. Vegetable sauce (catsup, spaghetti, BBQ, salsa etc.)
35. Other

### **MEATS**

Three (3) class numbers may be entered, one entry per lot.

**Intermediates or Seniors only, no Junior entries.**

Pint jar, minimum size

#### **CLASS:**

36. Beef or wild meat
37. Fowl
38. Pork
39. Clams
40. Salmon
41. Other fish
42. Meat/vegetables combination (stew, chili)
43. Other

### **PICKLES**

Five (5) class numbers may be entered, one entry per lot.

Pint jar, minimum size

#### **CLASS:**

44. Beet

45. Bread and Butter
46. Dill
47. Fruit
48. Mustard
49. Mixed
50. Relish
51. Sour Cucumber
52. Sweet Cucumber
53. Other

### **JELLIES**

Five (5) class numbers may be entered, one entry per lot.  
1/2 pint jar, minimum size

#### **CLASS:**

54. Apple
55. Blackberry
56. Boysenberry
57. Cherry
58. Crab Apple
59. Currant
60. Grape
61. Huckleberry
62. Loganberry, Nectar berry
63. Mint
64. Plum
65. Quince
66. Raspberry
67. Rhubarb
68. Strawberry
69. Other

### **JAMS**

(Indicate sugar or sugar substitute on label)  
Five (5) class numbers may be entered, one entry per lot.  
1/2 pint jar, minimum size

#### **CLASS:**

70. Apricot
71. Blueberry
72. Boysenberry
73. Blackberry
74. Cherry
75. Gooseberry
76. Grape
77. Huckleberry
78. Loganberry, Nectar berry
79. Plum
80. Peach
81. Raspberry
82. Strawberry

83. Other

**PRESERVES**

Five (5) class number may be entered, one entry per lot.  
1/2 pint jar, minimum size

CLASS:

- 84. Preserve
- 85. Fruit Butter
- 86. Conserve
- 87. Marmalade
- 88. Other

**DRIED FOODS**

Five (5) class numbers may be entered, one entry per lot.  
1/4 pint jar or plastic bag

CLASS:

- 89. Dried vegetable
- 90. Dried fruit
- 91. Dried herb
- 92. Fruit Leather
- 93. Other

No jerkies or dried meats will be accepted at this time due to health/safety concerns.

**FROZEN FOODS**

Pint or 1/2 pint (uniform size) clear plastics or clear glass containers. One frozen jam, one frozen jelly may be entered per exhibitor, due to limited space in our COOLER case. This is a first- come, first-served basis. The superintendent has a right to close entries if cooler space is filled. Entries may be opened at judge's discretion. Recipes for the jams & jellies are required to accompany entries.

**FROZEN JAM**

CLASS:

- 94. Apricots
- 95. Blackberries
- 96. Boysenberries
- 97. Peach
- 98. Raspberry
- 99. Strawberry
- 100. Youngberry

**FROZEN JELLY**

CLASS:

- 101. Apple
- 102. Blackberry
- 103. Boysenberry
- 104. Crab apple
- 105. Grape
- 106. Raspberry