

DIVISION 710: BARBECUE ACTIVITY

Superintendent:

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Tuesday, August 8, 10 am

Open to 4-H Juniors, Intermediates & Seniors

Located between the east and center wings of the E Barn.

Pre-registration is necessary.

Pre-Registration Forms for this activity will be available the first week of May at the WSU/Clark County Extension Office or on line at <http://clark.wsu.edu/youth/ClarkCountyFair.html> and is due at the same location by the last business day of June. **ALL 4-H members may participate in this activity.**

Points: Blue 20, Red 15, White 10

Come join the barbecue. Use your imagination.

Bring the following:

- Written nutritionally balanced day's menu
- Equipment
 1. Barbecue (can be propane or charcoal unit)
 2. fuel,
 3. lighter,
 4. matches,
 5. hot mitts,
 6. tools
 7. utensils.
- Food for one or two items to be prepared on a barbecue (in cooler if perishable)
- Provide recipes for items to be barbecued
- Supplies
 - Additional food items
 - Seasonings
 - Table service/plates

We will barbecue outside in the picnic area. Individuals or teams of no more than three members may participate in this activity. Each member must barbecue one item.

All barbecued food to be cooked and served at the activity must be totally prepared at the site, with the exception of marinating meat. For example, it may not be pre-cut, formed, cleaned, or cooked if it is to be cooked and served as a requirement of the activity. Additional food to be served with the menu may be prepared at home. Be prepared to serve yourself, a judge, and a guest if desired.

Main emphases of activity are:

- food preparation
- cleanliness
- storage
- safety

- barbecuing safety
- presentation of food for the type of activity
- manners/serving skills as hostesses/organization
- knowledge of a nutritionally balanced day's menu

4-H Curriculum to help in this Division: Barbecue Food Activity

Dinner is Served (EM3443) <https://pubs.wsu.edu/ListItems.aspx?Keyword=EM3443>

Sanitizing Dishes (EM4808) <https://pubs.wsu.edu/ListItems.aspx?Keyword=EM4808>

Food Activity Guidelines (EM4733E)

<https://pubs.wsu.edu/ListItems.aspx?Keyword=EM4733E>

Pack a Safe Lunch (EB1490) <https://pubs.wsu.edu/ListItems.aspx?Keyword=EB1490>

Food & Nutrition series: www.4-h.org/resource-library/curriculum search under Food